

A Number:	Year in School:		
Major(s):	Current GPA: Science GPA:		
Minor(s):	Expected Graduation Date:		
Previous Degrees:	Expected Date of Application:		
State of Residence:	Are you applying as an international student?		

## As you begin this Action Plan, here are a few important things to consider:

- Review the <u>Pre-Physician Assistant</u> webpage before you complete this Action Plan, or as you are working on it.
- No matter if you are a freshman or a senior, it's important to consider what physician assistant programs you plan to apply to early on in the process, as that will drive your choice of prerequisite courses and experiences.
- At the end of this document, there is a section where you can start researching PA programs and review their application profile.
- Remember the more you fill out and the more specific you are in your answers, the better Dr. Gonzales will be able to help you.
- When you have filled out this document to the best of your ability, you may make an appointment to discuss your plan with Dr. Gonzales. To schedule an appointment, follow the "Make an Appointment" link on the Health Professions home page.



Academics & Prerequisites	Courses Completed or In Progress:	Grade	Courses Planned:
Status of prerequisite courses for physician assistant schools I'm targeting. Include grade received for courses completed.	Ex. BIOL 1406	A	
Most PA programs list their prerequisites on their program website, but remember prerequisites can vary from one school to another, it will be important for you to research those programs for which you are interested in applying to. Visit this link for the most up-to-date list and details regarding TAMU-CC Pre-Physician Assistant prerequisites.			
Visit the <u>PAEA Program directory</u> to explore PA programs.			

This is not a checklist! These activities should be a reflection of <b>your</b> interests and passions.				
Experiences Completed or in progress: Time (length of commitment) Experiences you plan to gain & when:				
Work Employer, position				
Volunteer				



# **Physician Assistant Action Plan**

Organization, position		
<b>Shadowing</b> Who, where		
<b>Research</b> Where, topic		
Learning Abroad Destination, topics studied		
<b>Student Organizations</b> Organization, position		
Other Experiences?		

Letters of Recommendation	List the people you plan to ask to write you a letter. Describe who they are and why you are choosing them.
Identify 2-3 people who could complete a letter of recommendation for you.	1.
	2.
	3.

Admission Test	
Typically PA programs will ask students to self-report their test score from the GRE or MCAT. Be sure to research each school	

## **Physician Assistant Action Plan**

you are interested in to determine which exam they require you to take. Learn more about the MCAT. Learn more about the GRE.	I plan to take the GRE on the following date: If already complete, list your score:
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Personal Statement		
Assistance from the Pre-Pro website	Writing Your Application Essays	
Write a draft of your statement	I wrote a draft of my personal statement - Yes / No. What number draft am I on?	
Seek advice on your draft. List 3 people who can review your statement.	1. 2 3.	

Application Complete this section if you are starting the process of completing/submitting your physician assistant school application.				
CASPAMany (most) physician assistant schools useCASPA (Central Application Service for Physician Assistants) for their application.I have reviewed the CASPA Instruction Manual: Yes / No*CASPA Instruction Manual found on the right side of page linked above				
<b>Transcripts:</b> Request/obtain official and unofficial copies of transcripts from all schools attended.	Received/requested copies of official transcripts: Yes / No			
<b>Letters:</b> Work with letter writers to submit letters in the format needed (by application service/system).	Communicated with letter writers about how to submit letters & deadlines: Yes / No			
Completion date	I plan to have the CASPA submitted by the following date:			



## Interviewing

Get assistance from Career	Encouraged, but optional
Services!	http://career-services.tamucc.edu/current%20students/mock_interviews.html

#### **Physician Assistant School Research**

When researching physician assistant schools that you would like to apply to, it can be helpful to compare different schools. In the following table, we have included some of the criteria that is important to look at when researching different schools.

#### **Step 1: Physician Assistant School Comparisons**

Search programs by using the Physician Assistant Program <u>online directory</u>. Expand this table to match your number of schools and criteria! Please explain how each school fulfills the criteria you are considering.

School Name ↓	Criteria 1 GPA/GRE/MCAT (averages for matriculations)	Criteria 2 In-State/Out-of-State %	<b>Criteria 3</b> Required number and type of LOR	<b>Criteria 4</b> Expected Prerequisites

### **Step 2: Other Criteria Selection**

Choose the criteria that are important to you. Some examples include (not an exhaustive list):

- Application fee
- O Tuition
- Financial aid options
- Number of applicants / Percent accepted
- Specialty choices
- Student body/school size
- Accredited program?
- Combined degree programs
- Early Decision Program?

- C Residency rates (In-state vs. Out-of-state)
- Secondary application required?
- O Percent of students with advanced degrees
- On campus housing available?
- Community service required (as part of the curriculum)?
- C Research / Thesis required (as part of the curriculum)?
- O Diversity of student body
- Location and climate
- O Applications accepted from international applicants?