

Rudiment	Tempos (4/4 Unless Noted*)		
	Deficient	Level I/II	BMSA
1. Single Stroke (32nds)	80	90	100
2. Single Stroke Four	114	162	168
3. Single Stroke Seven	150	175	190
4. Multiple Bounce Roll	120		
5. Triple Stroke Roll	100	120	132
6. Dbl. Stroke Open Roll (32nds)	110	125	132
7. Five Stroke Roll	100	120	132
8. Six Stroke Roll			
9. Seven Stroke Roll			
10. Nine Stroke Roll			
11. Ten Stroke Roll			
12. Eleven Stroke Roll			
13. Thirteen Stroke Roll			
14. Fifteen Stroke Roll			
15. Seventeen Stroke Roll			
16. Single Paradiddle	150	170	180
17. Double Paradiddle 6/8*	80	100	112
18. Triple Paradiddle	90	120	140
19. Single Paradiddle Diddle 6/8*	90	112	120
20. Flam (8 th Note Flams)	120	150	180
21. Flam Accent 6/8*	110	150	172
22. Flam Tap	100	120	132
23. Flamacue	110	130	150
24. Flam Paradiddle	80	104	124
25. Single Flammed Mill	84	108	128
26. Flam Paradiddle Diddle 6/8*	60	74	88
27. Pataflafla	70	100	108
28. Swiss Army Triplet	74	100	124
29. Inverted Flam Taps	70	94	104
30. Flam Drags	104	120	132
31. Drag (1/4 Notes)	120	160	180
32. Single Drap Tap	132	160	180
33. Double Drap Tap 6/8*	70	90	108
34. Lesson 25	100	120	132
35. Single Dragadiddle	100	120	140
36. Drag Paradiddle #1 6/8*	60	80	98
37. Drag Paradiddle #2	88	116	124
38. Single Ratamacue	90	112	120
39. Double Ratamacue 6/8*	60	72	80
40. Triple Ratamacue	90	112	120