

ACADEMIC MAP

Pre-Allied Health Professional Specialization Kinesiology, Bachelor of Science



FINISH IN



First Year			Summer		
Fall		Hours			
UNIV 1101	University Seminar I	1	KINE 4325	Kinetic Anatomy	3
ENGL 1301	Writing and Rhetoric I	3	KINE 3318	Prevention and Care of Athletic Injuries	3
POLS 2306	State and Local Government	3		Hours	6
MATH 1442	Statistics for Life	4	Third Year		
KINE 2313	Foundations of Kinesiology	3	Fall		
University Core Curriculum		3	KINE 3320	Introduction to Therapeutic Interventions	3
	Hours	17	SMGT 3335	Legal Issues in Sport	3
Spring			KINE 4327	Biomechanics	3
UNIV 1102	University Seminar II	1	KINE 4127	Biomechanics Lab	1
ENGL 1302	Writing and Rhetoric II	3	Special Foundations Elective		3-4
or COMM 1311	or Foundation of Communication		Special Foundations Elective		3-4
HIST 1301	U.S. History to 1865	3		Hours	16-18
BIOL 2401	Anatomy and Physiology I	4	Spring		
KINE 2326	Essentials of Professional Fitness Training	3	KINE 3337	Sport and Exercise Psychology	3
KINE 2375	Nutrition for Human Performance	3	KINE 3338	Motor Development/Motor Learning	3
	Hours	17	KINE 3312	Physiology of Exercise	3
Second Year			KINE 3112	Physiology of Exercise Lab	1
Fall			Special Foundations Elective		3-4
BIOL 2402	Anatomy and Physiology II	4	Special Foundations Elective		3-4
POLS 2305	U.S. Government and Politics	3		Hours	16-18
ENGL 2316	Literature and Culture	3	Fourth Year		
or ENGL 2332	or Literature of the Western World: From		Fall		
or ENGL 2333	the Classics to the Renaissance		KINE 4311	Measurement and Evaluation	3
	or Literature of the Western World: From		KINE 4339	Special Populations in Kinesiology	3
	the Enlightenment to the Present		KINE 4340	Exercise Testing and Prescription	3
Special Foundations Elective		3-4	Special Foundations Elective		3-4
Special Foundations Elective		3-4		Hours	12-13
	Hours	16-18	Spring		
Spring			KINE 4693	Professional Field Experience I	6
PSYC 2301	General Psychology	3	KINE 4694	Professional Field Experience II	6
HIST 1302	U.S. History Since 1865	3		Hours	12
ARTS 1301	Art and Society	3	Total Hours		
University Core Curriculum		3-4			127-136
Special Foundations Elective		3-4			
	Hours	15-17			

This is not an official degree plan. It is a guideline for planning your courses. To access a copy of this academic map please visit tamucc.edu/academics/planning/academic-advising/



CAREER MAP

KINESIOLOGY - PRE-ALLIED HEALTH PROFESSIONAL SPECIALIZATION

Bachelor of Science



Students seeking a BS in Kinesiology can specialize in EC-12 physical education certification, exercise science-strength and conditioning, or pre-allied health. All majors must take a minimum of 42 SCH in university core courses and a minimum of 23 SCH in kinesiology major requirements.

The bachelor of science degree with a major in kinesiology coursework includes: general education core requirements, kinesiology major requirements, special emphasis requirements, and special foundations requirements.

Beyond the general education core requirements, students majoring in kinesiology must complete all courses in sections 2-4 above with a grade of "C" or better. Transfer credit hours into the kinesiology degree plans must adhere to the same grade standard.

CONTACT INFORMATION

Career Counselor:

Stefani Schomaker, PhD, LPC
UC 304 | 361.825.2628
stefani.schomaker@tamucc.edu

Internship Coordinator:

Misty Kesterson
IH 3rd Floor | 361.825.3299
misty.kesterson@tamucc.edu

Department Contact:

College of Education and Human Development
IH 3rd Floor | 361.825.6072
elizabeth.perez@tamucc.edu

INTERNSHIP INFORMATION

To enroll in professional field experience, students must have departmental approval as well as a kinesiology GPA of 2.75. The field experience is for seniors only and they should enroll during their last semester. Students are allowed to enroll in other coursework but not to exceed the 18-hour university limit.

SKILLS/ATTRIBUTES

- Critical thinking/Problem Solving
- Professionalism/Work Ethic

CAREER OPTIONS

- **Bachelor's Degree Tracks:** Strength & Training Professional, Physical Therapist Aide, Certified Personal Trainer, Exercise Physiologist, Coach/Trainer, Fitness Facility Manager
- **Master's Degree Tracks:** Public Health/Admin., Law, MBA, Counseling, Occupational Therapy, Speech/Language Pathologist, Physician Asst., Dietician/Nutritionist, etc.
- **Professional/Medical School Tracks:** Nursing, Physical Therapy, Medical, Chiropractor, etc.

STUDENT ORGANIZATIONS

- Kinesiology Club - Special Olympics
- Women in Healthcare
- Coastal Bend Health Professionals Initiative

ADDITIONAL SOURCES OF INFORMATION

Occupational Outlook Handbook - www.bls.gov/ooh/,
Professional Orgs: American College of Sports Medicine, American Kinesiology Association, Clinical Exercise Physiology Association, American Council on Exercise, National Athletic Trainers' Association, etc.