

ACADEMIC MAP

KINESIOLOGY - PRE-ALLIED HEALTH PROFESSIONAL SPECIALIZATION

Bachelor of Science



START HERE

1

SEMESTER 1 - FALL	CREDITS	COMPLETED
UNIV 1101 UNIVERSITY SEMINAR I	1	✓
ENGL 1301 WRITING AND RHETORIC I	3	
POLS 2306 STATE AND LOCAL GOVERNMENT	3	
MATH 1442 STATISTICS FOR LIFE	4	
UNIVERSITY CORE CURRICULUM	3	
KINE 2313 FOUNDATIONS OF KINESIOLOGY	3	

TOTAL CREDITS: 17

2

SEMESTER 2 - SPRING	CREDITS	COMPLETED
UNIV 1102 UNIVERSITY SEMINAR II	1	
ENGL 1302 OR COMM 1311 WRITING AND RHETORIC II OR FOUNDATION OF COMMUNICATION	3	
HIST 1301 U.S. HISTORY TO 1865	3	
BIOL 2401 ANATOMY AND PHYSIOLOGY I	4	
KINE 2326 ESSENTIALS OF PROFESSIONAL FITNESS TRAINING	3	
KINE 2375 NUTRITION FOR HUMAN PERFORMANCE	3	

TOTAL CREDITS: 17

YEAR 1

3

SEMESTER 3 - FALL	CREDITS	COMPLETED
BIOL 2402 ANATOMY AND PHYSIOLOGY II	4	
POLS 2305 U.S. GOVERNMENT AND POLITICS	3	
ENGL 2316 OR ENGL 2332 OR ENGL 2333 LITERATURE AND CULTURE OR LITERATURE OF THE WESTERN WORLD: FROM THE CLASSICS TO THE RENAISSANCE OR LITERATURE OF THE WESTERN WORLD: FROM THE ENLIGHTENMENT TO THE PRESENT	3	
SPECIAL FOUNDATIONS ELECTIVE	3	
SPECIAL FOUNDATIONS ELECTIVE	3	

TOTAL CREDITS: 16

4

SEMESTER 4 - SPRING	CREDITS	COMPLETED
PSYC 2301 GENERAL PSYCHOLOGY	3	
HIST 1302 U.S. HISTORY SINCE 1865	3	
ARTS 1301 ART AND SOCIETY	3	
UNIVERSITY CORE CURRICULUM	3	
SPECIAL FOUNDATIONS ELECTIVE	3	

TOTAL CREDITS: 15

YEAR 2

S2

SUMMER - YEAR 2	CREDITS	COMPLETED
KINE 4325 KINETIC ANATOMY	3	
KINE 3318 PREVENTION AND CARE OF ATHLETIC INJURIES	3	

TOTAL CREDITS: 6

SUMMER

5

SEMESTER 5 - FALL	CREDITS	COMPLETED
KINE 3320 INTRODUCTION TO THERAPEUTIC INTERVENTIONS	3	
SMGT 3335 LEGAL ISSUES IN SPORT	3	
KINE 4327 BIOMECHANICS	3	
KINE 4127 BIOMECHANICS LAB	1	
SPECIAL FOUNDATIONS ELECTIVE	3	
SPECIAL FOUNDATIONS ELECTIVE	3	

TOTAL CREDITS: 16

6

SEMESTER 6 - SPRING	CREDITS	COMPLETED
KINE 3337 SPORT AND EXERCISE PSYCHOLOGY	3	
KINE 3338 MOTOR DEVELOPMENT/MOTOR LEARNING	3	
KINE 3312 PHYSIOLOGY OF EXERCISE	3	
KINE 3312 PHYSIOLOGY OF EXERCISE LAB	1	
SPECIAL FOUNDATIONS ELECTIVE	3	
SPECIAL FOUNDATIONS ELECTIVE	3	

TOTAL CREDITS: 16

YEAR 3

7

SEMESTER 7 - FALL	CREDITS	COMPLETED
KINE 4311 MEASUREMENT AND EVALUATION	3	
KINE 4339 SPECIAL POPULATIONS IN KINESIOLOGY	3	
KINE 4340 EXERCISE TESTING AND PRESCRIPTION	6	
SPECIAL FOUNDATIONS ELECTIVE	3	

TOTAL CREDITS: 12

8

SEMESTER 7 - FALL	CREDITS	COMPLETED
KINE 4693 PROFESSIONAL FIELD EXPERIENCE I	6	
KINE 4694 PROFESSIONAL FIELD EXPERIENCE II	6	

TOTAL CREDITS: 12

YEAR 4

127 CREDITS | FINISHED!



CAREER MAP

KINESIOLOGY - PRE-ALLIED HEALTH PROFESSIONAL SPECIALIZATION

Bachelor of Science



Students seeking a BS in Kinesiology can specialize in EC-12 physical education certification, exercise science-strength and conditioning, or pre-allied health. All majors must take a minimum of 42 SCH in university core courses and a minimum of 23 SCH in kinesiology major requirements.

The bachelor of science degree with a major in kinesiology coursework includes: general education core requirements, kinesiology major requirements, special emphasis requirements, and special foundations requirements.

Beyond the general education core requirements, students majoring in kinesiology must complete all courses in sections 2-4 above with a grade of "C" or better. Transfer credit hours into the kinesiology degree plans must adhere to the same grade standard.

CONTACT INFORMATION

Career Counselor:

Stefani Schomaker, PhD, LPC
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Internship Coordinator:

Misty Kesterson
IH 3rd Floor | 361.825.3299
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Department Contact:

College of Education and Human Development
IH 3rd Floor | 361.825.6072
elizabeth.perez@tamucc.edu

INTERNSHIP INFORMATION

To enroll in professional field experience, students must have departmental approval as well as a kinesiology GPA of 2.75. The field experience is for seniors only and they should enroll during their last semester. Students are allowed to enroll in other coursework but not to exceed the 18-hour university limit.

SKILLS/ATTRIBUTES

- Critical thinking/Problem Solving
- Professionalism/Work Ethic

CAREER OPTIONS

- **Bachelor's Degree Tracks:**
Strength & Training Professional, Physical Therapist Aide, Certified Personal Trainer, Exercise Physiologist, Coach/Trainer, Fitness Facility Manager
- **Master's Degree Tracks:**
Public Health/Admin., Law, MBA, Counseling, Occupational Therapy, Speech/Language Pathologist, Physician Asst., Dietician/Nutritionist, etc.
- **Professional/Medical School Tracks:** Nursing, Physical Therapy, Medical, Chiropractor, etc.

STUDENT ORGANIZATIONS

- Kinesiology Club - Special Olympics
- Women in Healthcare
- Coastal Bend Health Professionals Initiative

ADDITIONAL SOURCES OF INFORMATION

Occupational Outlook Handbook - www.bls.gov/ooh/,
Professional Orgs: American College of Sports Medicine, American Kinesiology Association, Clinical Exercise Physiology Association, American Council on Exercise, National Athletic Trainers' Association, etc.