

Treating Anxiety from an Integrated Approach: Training Schedule for March 6, 2021

Time	Guest Speaker	Topic
9:00 – 9:15	Joshua Watson, PhD, LPC	Greeting and Orientation to Tex-CHIP
9:15 – 10:00	Jalen Evans, LPC-Associate Julia LeClair, Case Manager Norami Ortiz, RD Alison Marks, PsyD Ruben Rocha III, PharmD	Panel Discussion: Treating Anxiety from an Integrated Approach <ul style="list-style-type: none"> ● Case Management ● Counseling Treatment ● Nutrition ● Psychological Assessment ● Pharmacy
10:00 – 10:15	<i>Break</i>	
10:15 – 1:00	Stephanie Fuentes-Majors, LPC Jesusa Jasso, LPC	Treating Anxiety from an Integrated Approach: <i>Diaphragmatic Breathing and Anxiety Treatment</i>
