

Name: _____

Case # _____

Date: _____

pre post f/u

Male _____ Female _____

Age: _____ years _____ months _____

Score: _____

Parent-Adolescent Communication Scale

Read: Below are some statements about talking with your parent in our Let's Talk! Study. Please indicate how strongly you agree or disagree with each statement.

1. I can discuss my beliefs with my parent without feeling restrained or embarrassed.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

2. Sometimes I have trouble believing everything that my parent tells me.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

3. My parent is always a good listener.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

4. I am sometimes afraid to ask my parent for what I want.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

5. My parent has a tendency to say things to me that would be better left unsaid.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

6. My parent can't tell how I'm feeling without asking.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

7. I am very satisfied with how my parent and I talk together.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

8. If I were in trouble, I could tell my parent.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

9. I openly show affection to my parent.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

10. When we are having a problem, I often give my parent the silent treatment.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

11. I am careful about what I say to my parent.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

12. When talking to my parent, I have a tendency to say things that would be better left unsaid.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

13. When I ask questions, I get honest answers from my parent.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

14. My parent tries to understand my point of view.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

15. There are topics I avoid discussing with my parent.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

16. I find it easy to discuss problems with my parent.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

17. It is easy for me to express all of my true feelings to my parent.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

18. My parent nags/ bothers me.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

19. My parent insults me when s/he is angry with me.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

20. I don't think I can tell my parent how I really feel about some things.

- 1 Strongly Disagree
- 2 Slightly Disagree
- 3 Not sure/Don't know/ Neutral
- 4 Slightly Agree
- 5 Strongly Agree

