

KINESIOLOGY, BS

Course Sequencing

EC-12 Physical Education Certification

First Year

Fall		Hours
USSE 1201	University Seminar	2
ENGL 1301	Writing and Rhetoric I	3
POLS 2306	State and Local Government	3
MATH 1314	College Algebra	3
KINE 2313	Foundations of Kinesiology	3
Creative Arts Core Requirement		3
Hours		17

Spring

EDUC 1354	Child Growth and Development	3
ENGL 1302	Writing and Rhetoric II or COMM 1311 or Foundation of Communication	3
KINE 1110	Individual/Dual/Lifetime Sports	1
KINE 2325	Physiological Aspects of Kinesiology	3
KINE 2375	Nutrition for Human Performance	3
American History Core Requirement		3
Hours		16

Second Year

Fall		Hours
POLS 2305	U.S. Government and Politics	3
KINE 2317	Re-inventing Games	3
Component Area Option Requirement		3
Language, Philosophy and Culture Core Requirement		3
Life & Physical Science Core Requirement		3
Hours		15

Spring

EDUC 2211	Foundations of Education	2
KINE 3338	Motor Development/Motor Learning	3
American History Core Requirement		3
Component Area Option Requirement		3
Life & Physical Science Core Requirement		3
SPECIAL EMPHASIS		3
Hours		17

Third Year

Fall		Hours
KINE 3337	Sport and Exercise Psychology	3
KINE 3339	Elementary Physical Education Programs	3
KINE 4325	Kinetic Anatomy	3
READ 3353	Content Area Reading for Secondary or READ 3352 Students or Content Area Reading for Elementary Students	3
SPED 3310	Individual Differences in Schools and Communities	3
SPECIAL EMPHASIS		3
Hours		18

Spring

EDUC 3211	Culturally and Linguistically Responsive Teaching	2
KINE 3341	Secondary Physical Education Programs	3
KINE 4311	Measurement and Evaluation	3
KINE 4339	Special Populations in Kinesiology	3
SPECIAL EMPHASIS		3
Hours		14

Summer

KINE 3312	Physiology of Exercise	3
KINE 3112	Physiology of Exercise Lab	1
KINE 4327	Biomechanics	3
KINE 4127	Biomechanics Lab	1
Hours		8

Fourth Year

Fall		Hours
BIEM 3357	Methods of Teaching English as a Second Language	3
EDUC 4305	Seminar I	3
IDET 4210	Design and Development of Technology- Integrated Learning Environments	2
SPECIAL EMPHASIS		3
SPECIAL EMPHASIS		3
Hours		14

Spring

EDUC 4395	Seminar II	3
EDUC 4694	Clinical Teaching	6
Hours		9
Total Hours		128

Exercise Science - Strength & Conditioning Specialization

First Year

Fall		Hours
USSE 1201	University Seminar	2
ENGL 1301	Writing and Rhetoric I	3
KINE 2313	Foundations of Kinesiology	3
MATH 1442	Statistics for Life	4
POLS 2306	State and Local Government	3
Creative Arts Core Requirement		3
Hours		18

Spring

BIOL 2401	Anatomy and Physiology I	4
ENGL 1302	Writing and Rhetoric II or COMM 1311 or Foundation of Communication	3
KINE 1106	Weight Training	1
KINE 2326	Essentials of Professional Fitness Training	3
KINE 2375	Nutrition for Human Performance	3
American History Core Requirement		3
Hours		17

Second Year

Fall		Hours
PSYC 2301	General Psychology	3

POLS 2305	U.S. Government and Politics	3
BIOL 2402	Anatomy and Physiology II	4
Language, Philosophy and Culture Core Requirement		3
Component Area Option Requirement		3
Hours		16
Spring		
CHEM 1411	General Chemistry I	4
KINE 2321	Resistance Training and Conditioning Lab	3
SMGT 2314	Introduction to Sport Management	3
American History Core Requirement		3
Component Area Option Requirement		3
Hours		16
Third Year		
Fall		
KINE 3318	Prevention and Care of Athletic Injuries	3
KINE 3312	Physiology of Exercise	3
KINE 3112	Physiology of Exercise Lab	1
KINE 3343	Program Design in Strength and Conditioning	3
KINE 4325	Kinetic Anatomy	3
KINE 4329	Essentials of Strength and Conditioning I	3
Hours		16
Spring		
KINE 4311	Measurement and Evaluation	3
KINE 3320	Introduction to Therapeutic Interventions	3
KINE 4327	Biomechanics	3
KINE 4127	Biomechanics Lab	1
KINE 3337	Sport and Exercise Psychology	3
KINE 4330	Essentials of Strength and Conditioning II	3
Hours		16
Fourth Year		
Fall		
KINE 4339	Special Populations in Kinesiology	3
KINE 3338	Motor Development/Motor Learning	3
KINE 4340	Exercise Testing and Prescription	3
SMGT 3335	Legal Issues in Sport	3
Hours		12
Spring		
KINE 4693	Professional Field Experience I	6
KINE 4694	Professional Field Experience II	6
Hours		12
Total Hours		123

Pre-Allied Health Professional Specialization

First Year		
Fall		
USSE 1201	University Seminar	2
ENGL 1301	Writing and Rhetoric I	3
KINE 2313	Foundations of Kinesiology	3
MATH 1442	Statistics for Life	4
POLS 2306	State and Local Government	3
Hours		15

Component Area Option Requirement		3
Hours		18
Spring		
BIOL 2401	Anatomy and Physiology I	4
ENGL 1302	Writing and Rhetoric II	3
or COMM 1311 or Foundation of Communication		
KINE 2326	Essentials of Professional Fitness Training	3
KINE 2375	Nutrition for Human Performance	3
American History Core Requirement		3
Hours		16
Second Year		
Fall		
BIOL 2402	Anatomy and Physiology II	4
POLS 2305	U.S. Government and Politics	3
Language, Philosophy and Culture Core Requirement		3
Special Foundations		3-4
Special Foundations		3-4
Hours		16
Spring		
PSYC 2301	General Psychology	3
American History Core Requirement		3
Creative Arts Core Requirement		3
Component Area Option Requirement		3
Special Foundations		3-4
Hours		15
Third Year		
Fall		
KINE 3312	Physiology of Exercise	3
KINE 3112	Physiology of Exercise Lab	1
KINE 3318	Prevention and Care of Athletic Injuries	3
KINE 4325	Kinetic Anatomy	3
Special Foundations		3-4
Special Foundations		3-4
Hours		16
Spring		
KINE 3320	Introduction to Therapeutic Interventions	3
KINE 4327	Biomechanics	3
KINE 4127	Biomechanics Lab	1
Special Foundations		3-4
Special Foundations		3-4
Hours		13
Summer		
KINE 3337	Sport and Exercise Psychology	3
KINE 3338	Motor Development/Motor Learning	3
Hours		6
Fourth Year		
Fall		
KINE 4311	Measurement and Evaluation	3
KINE 4339	Special Populations in Kinesiology	3
KINE 4340	Exercise Testing and Prescription	3
SMGT 3335	Legal Issues in Sport	3

Special Foundations	3-4
Hours	15
Spring	
KINE 4693 Professional Field Experience I	6
KINE 4694 Professional Field Experience II	6
Hours	12
Total Hours	127