

Texas A&M University-Corpus Christi

The Island University

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MEDIA ALERT

DATE: March 4, 2010

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*****PHOTO/MEDIA OPPORTUNITY*****

WHO: Texas A&M University-Corpus Christi and the Community

WHAT: Family Health Fair

WHEN: Saturday, March 6, from 10 a.m. to 2 p.m.

WHERE: Antonio E. Garcia Arts & Education Center, 2021 Agnes St.

Fourth Annual Family Health Fair Informs Parents of Nutrition, and Healthy and Active Lifestyles for their Children

CORPUS CHRISTI, Texas – The College of Education at Texas A&M University-Corpus Christi will co-sponsor the fourth annual Family Health Fair on Saturday, March 6, from 10 a.m. to 2 p.m. at the Antonio E. Garcia Arts & Education Center, 2021 Agnes St.

The fair will include demonstrations of nutritious recipes geared toward kids' tastes, health screenings for adults, and opportunities to interact with local health-related community agencies. The event was originated by the Garcia Center Director Dr. Robert Garcia, County Commissioner Betty Jean Longoria and Corpus Christi Food Bank Director Bea Hanson to help inform parents about the importance of nutrition and exercise for their family's life.

The Antonio E. Garcia Arts & Education Center is a department of Texas A&M-Corpus Christi's College of Education with participants from the University's Early Childhood and Nursing Departments, Corpus Christi Food Bank, and Driscoll's Children Hospital. The event is free and open to the public.

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