

Texas A&M University-Corpus Christi

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High Resolution Photo: [Dr. Frank Spaniol](#)

Texas A&M University Professor Frank Spaniol Named Fellow by National Strength Conditioning Association

CORPUS CHRISTI, Texas – Dr. Frank Spaniol, professor of kinesiology at Texas A&M University-Corpus Christi, has been named a Fellow of the National Strength and Conditioning Association (NSCA), an international nonprofit educational organization that serves nearly 30,000 members in 52 countries.

Selection as an NSCA Fellow recognizes professionals whose frequent and sustained long-term contributions to the profession have promoted the goals and activities of the NSCA. The Fellowship promotes excellence and leadership by recognizing high standards and extraordinary professional development.

“It is a privilege to honor Frank and recognize his achievement,” said Robert Jursnick, executive director of NSCA. “Frank’s well-earned ‘Fellow’ title reflects his contributions in shaping the NSCA into what it is today.”

In June, Spaniol spoke at the NSCA Advanced Training Symposium in Shanghai, China, June. While in Shanghai, Spaniol, who is chair of the NSCA Baseball Special Interest Group, worked with the Chinese National Baseball Team.

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During his career, Spaniol has been awarded more than 20 grants for sport science and instructional technology research. He is currently conducting investigations on a variety of sport performance topics such as athletic testing, motion analysis, and pioneering research in visual skills training. In addition, he serves as a consultant to professional and amateur athletes to test, analyze, and enhance athletic performance.

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